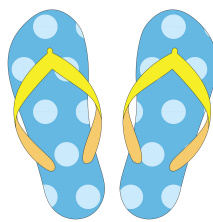


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9am Gentle Yoga - Deneal 10am Gentle Yoga - Teacher Rotation
	2 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 11am Strength - Stephanie 11:30am Balance - Stephanie 1pm Aqua Balance - Carol	3 9am Curls & Crunches - Angela 10am Boogie Lite - Angela 1:45pm Balance - Stephanie 2:15pm Bands & More - Stephanie	4 9am Gentle Yoga - Beth 10am Stretch - Stephanie 10:30am Strength - Stephanie	5 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 1pm Aqua Groove - Carol	6 9am Curls & Crunches - Angela 10am Functional Cardio - Angela 1:30pm Aqua Blast - Joni	8 9am Gentle Yoga - Deneal 10am Gentle Yoga - Teacher Rotation
	9 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 11am Strength - Stephanie 11:30am Balance - Stephanie 1pm Aqua Balance - Carol	10 9am Curls & Crunches - Angela 10am Boogie Lite - Angela 1:45pm Balance - Stephanie 2:15pm Bands & More - Stephanie 2:45pm Balance - Stephanie	11 9am Gentle Yoga - Beth 10am Stretch - Stephanie 10:30am Strength - Stephanie	12 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 1pm Aqua Groove - Carol	13 9am Curls & Crunches - Angela 10am Functional Cardio - Angela 1:30pm Aqua Blast - Joni	15 9am Gentle Yoga - Deneal 10am Gentle Yoga - Teacher Rotation
	16 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 11am Strength - Stephanie 11:30am Balance - Stephanie 1pm Aqua Balance - Carol	17 9am Curls & Crunches - Angela 10am Boogie Lite - Angela 1:45pm Balance - Stephanie 2:15pm Bands & More - Stephanie	18 9am Gentle Yoga - Beth 10am Stretch - Stephanie 10:30am Strength - Stephanie	19 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 1pm Aqua Groove - Carol	20 9am Curls & Crunches - Angela 10am Functional Cardio - Angela 1:30pm Aqua Blast - Joni	22 9am Gentle Yoga - Deneal 10am Gentle Yoga - Teacher Rotation
	23 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 11am Strength - Stephanie 11:30am Balance - Stephanie 1pm Aqua Balance - Carol	24 9am Curls & Crunches - Angela 10am Boogie Lite - Angela 1:45pm Balance - Stephanie 2:15pm Bands & More - Stephanie 2:45pm Balance - Stephanie	25 9am Gentle Yoga - Beth 10am Stretch - Stephanie 10:30am Strength - Stephanie	26 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 1pm Aqua Groove - Carol	27 9am Curls & Crunches - Angela 10am Functional Cardio - Angela 1:30pm Aqua Blast - Joni	29 9am Gentle Yoga - Deneal 10am Gentle Yoga - Teacher Rotation
	30 9am Gentle Yoga - Deneal 10am Gentle Yoga - Deneal 11am Strength - Stephanie 11:30am Balance - Stephanie 1pm Aqua Balance - Carol	31  FORESIGHT FITNESS One Partner. Complete Fitness Solution.				